

GAME DAY CHECKLIST

PRE-GAME

- Discuss pre-game hydration, player clothing and gear, time to arrive
- Greet players as they arrive
- Warm up
- Let players know how substitutions will work
- Meet with referees/officials and opponent's coach
- Send your scoreboard representative, if applicable
- Get kids excited to play - team cheer, high-fives, etc.

DURING THE GAME

- Remember ROOTS: Respect for the rules, opponents, officials, teammates, and self
- Be a positive role model for your players and players' families
- Monitor players' conduct and safety
- Show respect for the officials even if they miss a call or if you disagree
- Help players who are making performance errors by giving them encouragement
- Note player successes and growth
- Make substitutions and ensure that all players get to play as equally as possible
- Let players have opportunities to play different positions
- Be supportive and encourage players often

POST-GAME

- High-five opponents and thank officials
- Team huddle to recognize good team performance, effort, and sportsmanship
- Recognize something positive from each player - don't criticize
- Leave on a positive note - team cheer, high-fives, etc.

