

# OCTOBER menu-2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 M Turkey Sandwich: S: Peaches/Cheez-Its	2
3	4 M: Hamburgers S: String Cheese/ Banana	5 M: Tacos S: Oranges/ Grahams	6 M: Chicken Pasta Salad S:Yogurt/Peaches	7 M: Meatball Sub S: Mandarins/ Sunchips	8 M: Chicken Gyros S: Pretzels/ Apple	9
10	11 M: Chicken Sandwich S: Cheez-Its/Peaches	12 M: Enchiladas S: Raisins/ BeanVeg Crackers	13 M: Bento Box S:Yogurt/Pears	14 M: Chicken Nuggets S: Goldfish/Apple	15 M: Chicken Noodle Soup S:Pretzels/Oranges	16
17	18 M: Pizza Quesadilla S: Stirng Cheese/ Banana	19 M: Chicken Fajitas S: Grahams/Pears	20 M: Meatball Spaghetti S:Yogurt/ Fruit Cocktail	21 M: Sweet & Sour Chicken S: Cheez-Its/Oranges	22 M: Reuben S: Peaches/BeanVeg Crackers	23
24	25 M: Steak Potato Foils S: Sunchips/Banana	26 M: Bean Burritos S: Raisins/Goldfish	27 M: Sloppy Joes S:Yogurt/Pineapple	28 M: Pulled Pork S:Oranges/BeanVeg Crackers	29 M: Spooky Goulash S:Pretzels/Apple	30
31						

